
The Children's Behavioral Health Initiative (CBHI) and the Massachusetts Departments of Mental Health (DMH) and Early Education and Care (EEC) are pleased to announce a joint publication.

Infant and Early Childhood Mental Health Resources and Services: A Guide for Early Education and Care Professionals

Early childhood professionals play important roles in the lives of the young children they care for, and their knowledge and experience make them trusted resources for families. This guide was developed to support their work. It provides basic information on infant and early childhood mental health and includes descriptions of services and supports for families with young children, as well as resources that can benefit both center-based and family providers of early education and care.

To engage families in conversations about their children's social and emotional development, the guide has advice on how to share concerns with parents. Also included is a discussion of self-care and suggestions on how programs can support their staff. We hope this guide can be a resource and jumping-off point for your programs. We welcome your feedback. Please feel free to send an email to margot.tracy@state.ma.us.

To download the guide, please click [here](#), or go to www.mass.gov/masshealth/cbhi and click on CBHI Information for Early Education and Care, Pre-K and K-12 School Staff.

